



May 29, 2015

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**For Immediate Release:**

**FREE Family Fun Health Night at Lone Star Indoor Sports Center the last day of school, Thursday, June 4 from 5:30 to 8:30, brought to you by Health Services of North Texas.**

Denton, TX, May 29, 2015– Health Services of North Texas announces the Frist Annual FREE Family Fun Health Night at Lone Star Indoor Sports Center with roller skating, tacos, healthy snacks, summer health education and giveaways for the entire family.

With support from community partners we will provide summer health education, free giveaways and Medicaid and CHIP enrollment assistance.

A few of the FREE services and activities being offered:

- Healthy Snack Samples and Ideas
- FREE Tacos
- Learn how to make your water taste yummy with fruit
- Roller Skating for everyone
- Door prizes and giveaways at the booths
- Immunization information
- Medicaid and CHIP Enrollment
- Summer Health Education and Swimming/Pool Safety
- The Denton Public Library will be on hand to provide summer program information and teach families how to access the online library.

Family Fun Health Night is meant to be an opportunity to enjoy physical activity with your family and celebrate the start of summer in a fun and healthy way.

Lone Star Indoor Sports Center is located at 1800 Shady Oaks Drive in Denton. Family Fun Health Night is Thursday, June 4<sup>th</sup> from 5:30 to 8:30. Parents are requested to stay at the event, this is not an opportunity to drop the kids off.

Contact Teri Johnson at 940-381-1501 ext. 3009 with questions.

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