



# FOOD DRIVE

## Starter Kit

**Thank you** for your interest in doing a food drive for Health Services of North Texas! Many of our clients do not have enough money to buy the food they need. Without adequate nutrition, many of the medications our clients are prescribed do not work properly - so by giving food to our pantry, you can help them stay alive and healthy. We have prepared this starter kit to help you kick things off, but if you have questions or concerns feel free to call us and talk about it!



### **Method** – Establish support in your organization

- Talk with management
- Form a committee to help with details of food drive

### **Planning** – Start early...

- Determine the time of year: Summer, Fall, Winter or Spring
- Select a Theme
- Select length of drive (usually two to four weeks)
- Set a realistic goal or competition (amount of items per individual or group)

### **Conduct Drive**

- Contact HSNT for delivery of collection barrels
- Empty barrels regularly (contact HSNT to empty barrels, then return)
- Announce food drive a month in advance
- Provide employees with suggested items (see donation list)
- As alternative to food donations, cash contributions may be made

### **After the Drive:**

- Final collection of food and barrels
- Publish results of drive to the entire organization
- Recognize and thank those who made the drive a success
- Review results and determine what could be done to improve the next drive
- Celebrate your success, and set the date for your next food drive!

Some fun theme suggestions:

Summer – Baseball” “Let’s Strike Out Hunger”, Hungry in the Heat, Hunger Never takes a Vacation

Fall – Halloween: Scare up Some Food, Hunger’s No Treat  
Thanksgiving: Sharing is Caring, Turkey and Dressing for All

Winter – Holiday Season: Hungry for the Holiday? Holiday Hope,  
Lincoln’s Birthday: Abolish Hunger  
Valentine’s Day: Have a Heart, Do Your Part, Hungry Hearts  
Martin Luther King Day: March Against Hunger

Spring- April Fool’s Day: Let’s Trick Hunger

General – Hunger Never Takes a Holiday, Cans for a Cause



### “Most Wanted” list of food pantry items

- |                                      |                       |
|--------------------------------------|-----------------------|
| Canned meat                          | Toilet paper          |
| Canned vegetables                    | Paper towels          |
| Canned fruit**                       | Laundry detergent**   |
| Fruit juice 46 oz**                  | Dish Soap**           |
| Cold cereal- large boxes             | Body soap             |
| Hot cereal                           | Q-Tips                |
| Hamburger Helper/Mac & Cheese**      | Shampoo/conditioner** |
| Rice, pasta and dried beans and peas | Deodorant**           |
| Flour 2 lb – 5 lb.                   | Disposable razors     |
| Sugar 2 lb - 5 lb.**                 | Household cleansers   |
| Vegetable oil                        |                       |

A special note:

Due to health regulations, we cannot accept perishables and we cannot accept items that have been opened or used. Because our clients may have compromised immune systems, we also cannot accept anything that is past it’s expiration date.

\*\*These items are in high demand, and we don’t always have a way to get them



For more information, feel free to contact our Nutrition Center Coordinator:

Kevin Spicer  
kspicer@healthntx.org  
office: (940) 381-1501 ext. 109  
toll free: (800) 972-2437

**THANKS FOR HELPING US FIGHT HUNGER IN NORTH TEXAS!**